

6

I'm usually late!

STEP 1

In Step 1 you study

- present simple + frequency adverbs so that you can
- talk about habits



1 Presentation Snakes never blink

a Match the sentences with the photos.

- 1 Dolphins always live in groups.
- 2 Tarantulas usually live in a hole in the ground.
- 3 Bears often eat fish.
- 4 Giraffes sometimes clean their ears with their tongues.
- 5 Snakes never blink.

Listen and check.

b How do you say these words in your language?

● ● ● ● ● ● ● ●	always
● ● ● ● ● ● ● ●	usually
● ● ● ● ● ● ● ●	often
● ● ● ● ● ● ● ●	sometimes
● ● ● ● ● ● ● ●	never

c Are these sentences true or false? Can you guess?

- 1 Dolphins always sleep with one eye open.
- 2 Snakes usually live in the sea.
- 3 Gorillas don't usually drink water.
- 4 Lions aren't usually very energetic.
- 5 Tarantulas often attack people.
- 6 Dolphins never kill sharks.
- 7 Snakes kill 40,000 people every year.
- 8 Bears sometimes eat spiders.

2 Key grammar Position of frequency adverbs

Complete the explanation with *before* or *after*.

Bears **often** eat fish.
They don't **often** attack people.
Do they **often** eat other animals?

Dolphins are **usually** very intelligent.
They aren't **usually** dangerous.
Are they **usually** friendly?

*Frequency adverbs generally go the main verb.
But they go the verb be.*

G 23

3 Practice

a **What about you?** Make true sentences with *always, usually, often, sometimes* or *never*.

1 I usually sleep for about nine hours.

- 1 I sleep for about nine hours.
- 2 I eat fish.
- 3 I drink water.
- 4 I'm very energetic.
- 5 I'm bored.

b If you have time, make more sentences about your habits.

I often use the Internet.


c **Test a friend** Choose a sentence from Exercise 1. Write the words in the wrong order. Ask a friend to say the right sentence.

groups / live / dolphins / in / always



4 Reading and listening

A questionnaire

- a Read the questionnaire. Who is it for?
 a a child b a teenager c an adult
- b  Listen to Ben and write his answers to the questionnaire. Then talk about Ben's habits.

He usually does his homework on time.

- c **What about you?** Write your answers to the questionnaire.



Good habits? Bad habits?

Choose the best description for you!

- 1 Homework
 - a I always do my homework on time.
 - b I usually do my homework on time.
 - c I don't usually do my homework on time.
- 2 Your room
 - a I always tidy my room at the weekend.
 - b I sometimes tidy my room.
 - c I never tidy my room.
- 3 Housework
 - a I often help with the housework.
 - b I sometimes help at home.
 - c I never do any housework.
- 4 TV
 - a I always watch TV when I get home.
 - b I sometimes watch TV in the evening.
 - c We haven't got a television.
- 5 On time?
 - a I'm often late.
 - b I'm sometimes late.
 - c I'm not usually late.
- 6 Exercise
 - a I play a lot of sport and I walk a lot.
 - b I do PE at school but that's all.
 - c I'm lazy. I don't often get any exercise.



5 Speaking

- a Read the questions and think of your answers.

What are you like? Are you:



a telly addict?



lazy?



energetic?



helpful?



well-organised?

- b Ask a friend at least two questions.

A: Are you lazy?

B: It depends. I don't often tidy my room.

A: Are you well-organised?

B: Sometimes. But I'm usually late.

6 Writing My habits

Use what you know

Write about your good habits and your bad habits.

*I've got a lot of bad habits.
I don't often help at home.*

*I've got some good habits too.
I'm usually on time.*

In Step 2 you study

- names of food, drink and meals
- the verb *have*
- things people eat in the UK

so that you can

- talk about things you eat and drink
- write a report about food in your country

1 Key vocabulary *Food and drink*

a Look at the pictures. How many words do you know?



1 bread



2 toast



3 butter



4 cereal



5 milk



6 tea



7 coffee



8 orange juice



9 water



10 eggs



11 yoghurt



12 cheese



13 ham



14 chicken



15 sausages



16 fish



17 fruit



18 vegetables



19 salad



20 pasta



21 sandwich

Listen and say the words.

b What about you?

Make true sentences about things you eat and drink.

I like salad but I don't like vegetables.

I never eat yoghurt.

2 Key pronunciation

Vowel sounds

a Listen to the rhythm drill, then join in.

A: What's for breakfast?

B: Toast, eggs, milk and tea.

A: What's for lunch?

B: Chicken, bread, juice and salad.

A: What's for dinner?

B: Pasta, fish, fruit and cheese. Are you hungry?

A: Yes, I am.

B: You're always hungry!

b Find 'food' words in the drill with the same vowel sounds as these words.

1 big – milk,
chicken, ...

1 big 4 ten

2 go 5 you

3 see 6 bat


Listen and check.

Try this!

How many 'food and drink' words can you make using these letters?

TBOMRUCHNEASIFDSLKG

3 Reading and listening *A survey about food*

- a**  Close your book and listen to the conversation. Which meals do they talk about?

It's Saturday morning. Joe is in the town centre. A Japanese student called Tamiko is talking to him.

- TAMIKO: Excuse me. Is this seat free?
- JOE: Yes, it is.
- TAMIKO: Can I ask you some questions? It's a survey about English food.
- JOE: Oh, I see! Er, what do you want to know?
- TAMIKO: What do you usually have for breakfast?
- JOE: Er, well, it depends. I usually have ¹t..... and ²f..... j..... . I sometimes have ³c..... .
- TAMIKO: What about lunch?
- JOE: I sometimes have ⁴s..... , and I sometimes go to the school canteen. I have ⁵p....., or a ⁶b..... .
- TAMIKO: And what do you have for dinner?
- JOE: Well, my sister doesn't eat ⁷m....., so we often have ⁸p..... . I sometimes have ⁹m..... with ¹⁰v..... , or ¹¹f..... . And I usually have a snack when I get home from school – you know, a packet of ¹²c..... , something like that.
- TAMIKO: What's your favourite meal?
- JOE: That's easy. ¹³S..... and ¹⁴c..... .
- TAMIKO: That's all. Thank you very much.
- JOE: You're welcome.

- b**  Listen again. Complete the 'food' words in the conversation.



4 Reading *Tamiko's report*

Read Tamiko's report and check your answers to 3b.

Food in the UK

I interviewed Joe Kelly. He's 14 and he lives in Exeter. He has toast or cereal for breakfast, and fruit juice. At lunchtime, he sometimes has sandwiches, or he eats in the school canteen. He has pizza or a burger. He usually has a snack when he gets home from school, for example a packet of crisps. For dinner he has pasta, or meat and vegetables, or fish.

Joe's favourite meal is steak and chips. But not all British people eat meat. 12% of people in the UK are vegetarian.

Some popular meals in the UK are: curry (that's Indian), spaghetti bolognese (that's Italian), pizza (that's Italian too), chilli con carne (that's Mexican), and fish and chips (that's English!).

5 Speaking

What about you? Ask and answer questions about your meals.

What do you usually have for breakfast?

I usually have toast and orange juice.

6 Writing *Food in my country*

Use what you know

Write a short report about things you eat, and some popular meals in your country.

Title: Food in ...

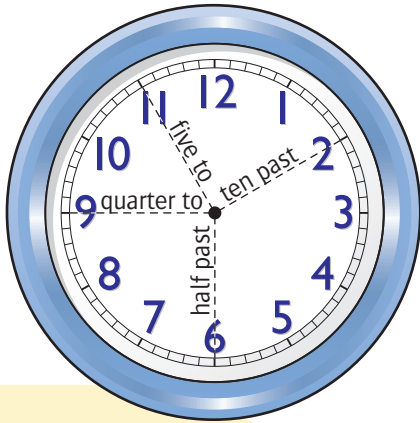
Paragraph 1: I usually have ... for breakfast. At lunchtime I When I get home from school In the evening I ...

Paragraph 2: Some popular meals in my country are ...

- In Step 3 you study
- telling the time
 - vocabulary for daily routines
- so that you can
- say when you do things

1 Key vocabulary

The time



- a** 🕒 Put the clock times in the right order. Write: 2.00 2.15 ... You've got five minutes!

five past three
 ten past four
 quarter past two
 twenty past three
 twenty-five past two
 two o'clock
 half past four
 twenty-five to five
 twenty to four
 quarter to three
 five o'clock
 ten to four
 five to five

- a** 🎧 Listen and check.

- b** Draw at least three clocks and ask a friend *What's the time?*

What's the time?

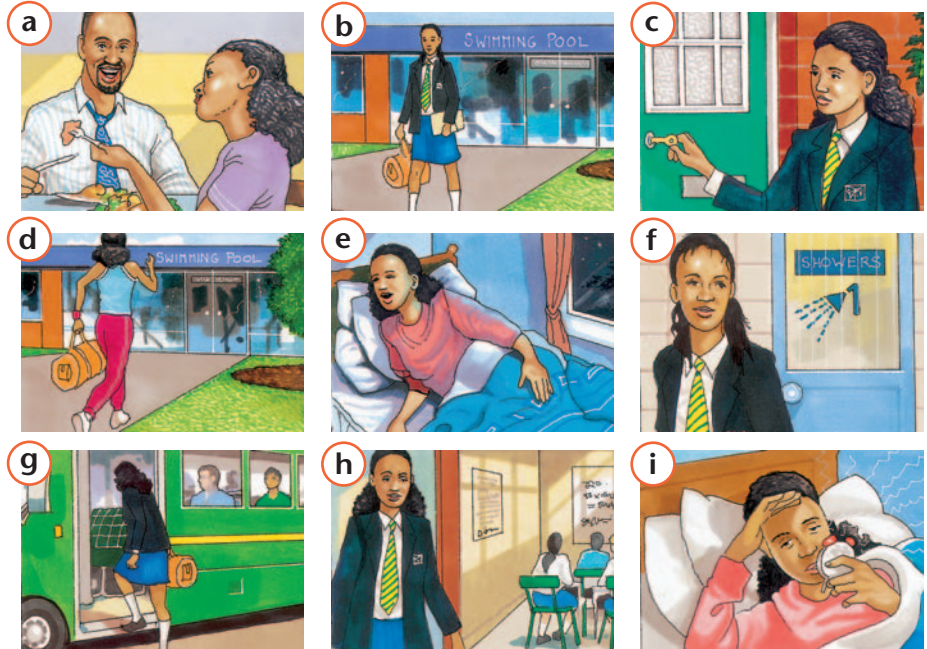
It's half past ten.

2 Key vocabulary

Daily routines

- a** Look at the pictures of Kitty's day. Then match the pictures with the sentences.

Kitty Jordan is only 14 but she's a junior British Diving Champion. She trains every day.



- | | |
|----------------------------------|-----------------------|
| 1 She gets up. | 6 She gets to school. |
| 2 She goes to the swimming pool. | 7 She gets home. |
| 3 She has a shower. | 8 She has her dinner. |
| 4 She leaves the swimming pool. | 9 She goes to bed. |
| 5 She catches the bus. | |

- b** Guess what time Kitty does these things.
 1 I think she gets up at six o'clock.

3 Listening

Kitty's Day

- a** 🎧 Listen to Kitty. Look at the sentences in 2a and write the correct times. 1 5.30

- b** Work with a friend. Check your answers.

What time does Kitty get up?

She gets up at half past five.

4 Speaking

My routines

Use what you know

Ask a friend at least three questions about his or her day.

What time do you get up?

I usually get up at quarter past seven.

The White Lady



Sophie is talking to Seth about Mr Neil.

‘Seth, that old man knows my name, my age, my birthday and my cat’s name!’

‘Don’t worry. He’s a bit strange, but he’s always very kind.’

‘His dog’s strange too. It understands everything he says.’

‘Listen. Don’t worry about Mr Neil and his dog. Come and have dinner. Do you want to go riding tomorrow? You can ride my horse. She’s called Epona.’

‘That’s great! Thanks.’

After dinner, Sophie is in her room. She’s got the moonstone in her hand.


Suddenly there’s a strange white light in the room, and there’s a woman near the window.

‘The White Lady! What do you want?’

‘Don’t be scared, Sophie. We need your help.’

‘Why me?’

‘Because your name is in the Book of Signs. When the Silent Powers choose a person, they always write the name in the Book. Your mission is important, Sophie. But don’t talk about it with other people. Go to the Circle of Seven at eleven o’clock tomorrow. Remember! The Circle of Seven, in Hunter’s Wood.’

- Find the meaning of , the sign in the light from the moonstone. Use the letters in this circle of seven.

Other people don’t know about Sophie’s mission. It’s ‘ _ _ _ _ _ ’.



Extra exercises

1 Read the descriptions. Complete the names of the animals.

- 1 They always live in groups and are usually very intelligent. d.....
- 2 They never blink. s.....
- 3 They clean their ears with their tongues. g.....
- 4 They usually live in a hole in the ground. t.....
- 5 They like fish and they sometimes eat other animals. b.....

2 Write complete sentences.

1 *Sadie and Joe usually have breakfast at 7.30.*

- 1 Sadie and Joe have breakfast. (*usually / at 7.30*)
- 2 I listen to the radio. (*never / in the afternoon*)
- 3 We have chicken and chips. (*always / on Saturday*)
- 4 My grandmother goes to the cinema. (*sometimes / at the weekend*)
- 5 Ben is late for school. (*often / in the morning*)
- 6 My brother has a shower. (*never / in the morning*)
- 7 I'm hungry. (*always / at eleven o'clock*)

3 Make questions. Use *you*.

1 *What time do you get up?*

- 1 what time / get up ?
- 2 what / usually / have for breakfast ?
- 3 what time / go to school ?
- 4 when / usually / finish school ?
- 5 what / do in the evening ?
- 6 what time / usually / go to bed ?

Now answer the questions.

4 Complete the conversation.

A: Excuse me, is this seat free?

B: ¹

A: Can I ask you some questions?

B: ²

A: What do you do after school?

B: ³

A: Do you watch TV in the evenings?

B: ⁴

A: What's your favourite programme?

B: ⁵

A: When do you watch that?

B: ⁶

a Sometimes, but not every day.

b I usually play on my computer.

c *The Simpsons*.

d Yes, it is.

e On Monday and Wednesday.

f Yes, of course.

5 Choose the right word.

- 1 I often help my parents with the
a homework
b home
c housework
- 2 My best friend plays a lot of sport. She's very
a energetic
b helpful
c lazy
- 3 I usually have a at lunchtime.
a sausages
b sandwich
c cereal
- 4 We sometimes steak and chips for dinner.
a have got
b has
c have
- 5 Kitty always at half past five.
a get up
b doesn't get up
c gets up

6 How do you say these sentences in your language?

- 1 Is this seat free?
- 2 Thanks very much.
– You're welcome.
- 3 Excuse me. Can I ask you some questions?
- 4 I have a snack at lunchtime.
That's all.
- 5 Are you a telly-addict?

Extra reading

Life and culture

My name is Dion

Have you got a pen friend?
Where does your pen friend live?

Bidyadanga
PO Box 1673
Broome
Western Australia 6725
3rd March

Hi!

My name is Dion and I am 11 years old. I live in an Aboriginal community called Bidyadanga. It's 180 kilometres from the town of Broome, in Western Australia.

I live with my mother, my grandmother, my sister Rosita and my four cousins. My father works in another part of Australia, so we don't often see him. Our house is near the coast. We often catch fish and cook it on the beach. When we go fishing, we sometimes see sharks. Everyone is scared of them!

We've got a TV in our house but I don't often watch it. I prefer playing outside with my friends. Sometimes we have terrible cyclones here, and then everyone stays inside.

We start school at eight o'clock in the morning. I usually have my lunch at school. My favourite school meal is hot dogs. At home my favourite meals are chicken soup and egg on toast.

Write to me soon.

Your friend,

Dion



ABOUT ABORIGINALS

The people in Dion's community are from five Aboriginal groups. The different groups each speak their own language, and they speak English too.

Task

Read the letter from Dion and answer the questions.

- 1 Where does Dion live?
- 2 Does he live in a big town?
- 3 Does his father work in Bidyadanga?
- 4 Do Dion and his family always have their meals in the house?
- 5 Does he often watch TV?
- 6 Where does he usually play?
- 7 What time does he start school?
- 8 What's his favourite school meal?

Module 3 Review

Language summary

1 Present simple

We use the present simple to describe 'things that are generally true'.

Affirmative

I/You/We/They	eat octopus. like sharks.
He/She/It	likes sharks. eats octopus.

Don't forget! Verb + *s/es* after *he/she/it*.
See *Spelling notes, page 142*.

Negative

I/You/We/They	don't	like spiders.
He/She/It	doesn't	eat meat.
don't = do not		doesn't = does not

Questions and short answers

Do	you/they	like sport?
Does	he/she	eat meat?
Yes, I/we/they do. No, I/we/they don't.		
Yes, he/she does. No, he/she doesn't.		

What	do	you	want?
Where		they	live?
When	does	he	get up?
Who		she	like?
Why			forget everything?

Check that you can

- 1.1 • describe people's habits and routines.
Put the words in the right order and make sentences.

- and / live / Exeter / Mel / in / Barney
- o'clock / up / seven / I / get / at
- to / goes / a / Sadie / club / judo
- crisps / lot / we / a / eat / of
- TV / watch / they / evening / every
- teeth / every / I / day / clean / my

- 1.2 • use the present simple with verb + *s/es*.
Change *I* to *My friend Buzz* and rewrite the sentences.

1 *My friend Buzz reads a lot of ghost stories.*

- I read a lot of ghost stories.
- I walk to school.
- I do my homework before dinner.
- I watch *Friends* on TV.
- I help with the housework.
- I play the guitar.

- 1.3 • make negative sentences with *don't* or *doesn't*.

- Sadie and Lisa like maths.
- Ben drink coffee.
- Lee believe in ghosts.
- Jack like heights.
- I want to do this exercise!

- 1.4 • make questions and answers with *do*, *does*, *don't* and *doesn't*.

- Joe play a lot of sport? – Yes, he
- you wear glasses? – Yes, I
- Where Mel and Barney go to school?
– In Exeter.
- Lee do his homework on time?
– No, he
- you get a lot of exercise? – Yes, I
- When Kitty get up? – At half past five.

2 Frequency adverbs

Frequency adverbs describe how 'frequently' we do things. They go before the main verb but after the verb *be*.

They	always	walk to school.
	often	
	usually	
	sometimes	
	never	

I'm He's/She's/It's You're/We're/They're	always	late.
	often	
	usually	
	sometimes	
	never	

Check that you can

- use *always*, *often*, etc.

What do you talk about with your friends? Use the frequency adverbs in the box above and make a true sentence for each topic in the list.

We often talk about sport.

sport food parents clothes films music

3 Telling the time

one o'clock
 five past one
 ten past one
 quarter past one / one fifteen
 twenty past one
 twenty-five past one
 half past one / one thirty
 twenty-five to two
 twenty to two
 quarter to two / one forty-five
 ten to two
 five to two

Check that you can

- talk about the time.

Match these times with words in the list above. Which one isn't in the list?

1.40 1.10 1.30 5.01 1.55
 1.15 1.45 1.20

4 like + noun

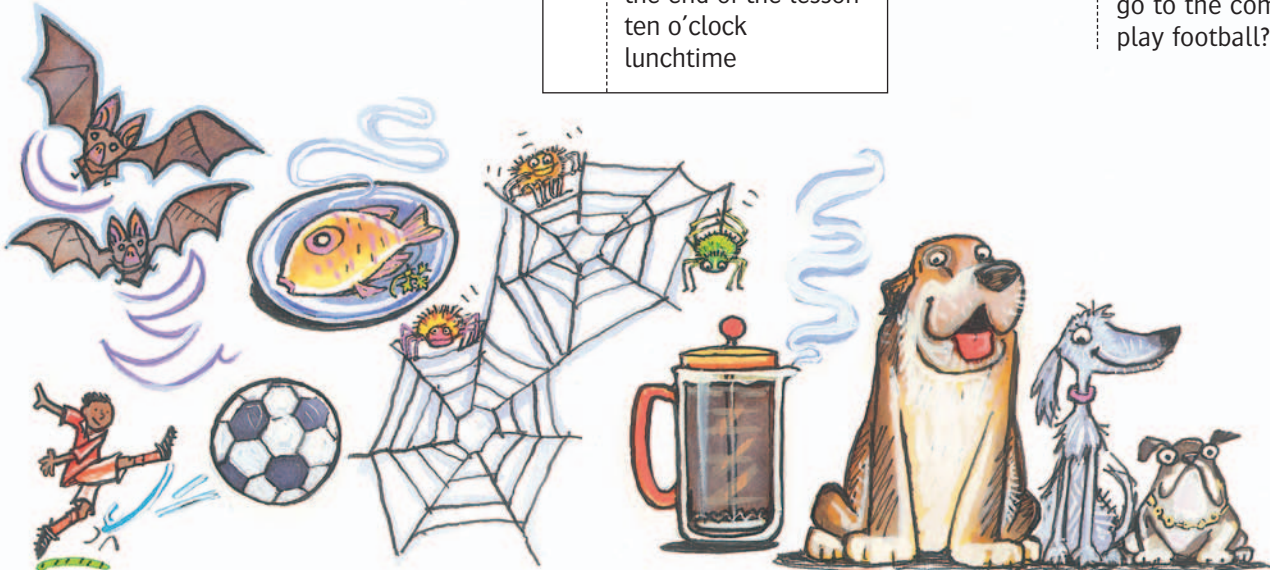
We don't use *the* in these sentences:

I like	peanuts.
He doesn't like	chicken.

Check that you can

- say what you like and don't like. Make true sentences about the things in the pictures.

I like bats. I don't like football.



5 have got or have?

We use *have* (and not *have got*) to describe 'actions'.
 We have: *a meal, a bath, a shower, some coffee, a sandwich.*

What time do you have your breakfast?
 I don't have a bath every day.
 He has a shower every morning.
 We usually have sandwiches for lunch.

I've got some crisps in my bag.
 He's got a new computer.

Check that you can

- use *have* and *have got* correctly.

Complete the sentences with *have/has* or *have got / has got*.

- Joe always a shower after a football match.
- I know! I the answer!
- Sadie a brother and a sister.
- I usually my lunch in the canteen.
- My granddad a bath every Friday night.
- Are you hungry? I some apples in my bag.

6 Expressions of time

in	the morning the afternoon the evening the summer July
on	Saturday 3rd April
at	night the weekend the end of the lesson ten o'clock lunchtime

Check that you can

- describe when you do things.

Work with a friend. Make questions and give true answers.

When do you clean your teeth?

In the morning and in the evening.

When do you
 clean your teeth?
 do your homework?
 tidy your room?
 go to the computer club?
 play football?

Vocabulary

Activities and routines

to catch (the bus)
to clean
to do (my homework)
to drink
to eat
to get (to ...)
to get up
to go
to have (a shower/
a meal)
to help
to leave
to listen (to ...)
to play (hockey/
the piano)
to read
to sleep
to tidy
to use
to visit
to walk
to watch
to wear

Likes and dislikes

bat
comic
(the) dark
ghost
history
hockey
horror film
Internet
judo
maths
rat
science fiction
shark
spider
thunder

Food and drink

bread
burger
butter
cereal
cheese
chicken
chips
coffee
curry
egg
fish
fruit
ham
meat
milk
orange juice
pasta
pizza
salad
sandwich
sausage
spaghetti
steak
tea
toast
vegetable
water
yoghurt
meal
snack
breakfast
dinner
lunch

Expressions

Are you all right?
Excuse me.
I see.
It depends.
That's all.
What sort of ... ?
What's the time?
You're welcome.

Study skills 3 How do you learn?

1 Think about the things you do in your English lessons. For each activity, write your opinion: *fine*, *not bad*, or *awful*.

1 not bad

- | | |
|--------------------------------|-------------------------|
| 1 acting conversations | 5 singing |
| 2 learning new words | 6 speaking in class |
| 3 listening to the cassette/CD | 7 talking about grammar |
| 4 reading | 8 writing |

Share your ideas with the class.

2 Do you do any of these things outside school? Make true sentences with *always*, *sometimes*, *never*, etc.

I sometimes watch films in English.

- I watch films in English.
- I read English or American magazines.
- I read web pages in English.
- I write emails in English.
- I listen to songs in English.
- I write letters to a pen friend in English.

Share your ideas with the class.

How's it going?

● Your rating

Look again at pages 66–67. For each section give yourself a star rating:

Good ☆ ☆ ☆ Not bad ☆ ☆ I can't remember much ☆

● Vocabulary

Choose two titles in the Vocabulary list, then close your book. How many words can you remember for each topic?

● Test a friend

Look again at Units 5 and 6. Think of at least two questions, then ask a friend.

Where's Blackpool? What's Joe's favourite meal?

● Write to your teacher

Write a short letter to your teacher in your own language. Say how things are going. Have you got any problems?

● Your Workbook

Complete the Learning diaries for Units 5 and 6.

Coursework 3 – All about me!

Read about Jack. Then describe your typical day. For example, write about:

- the beginning of your day
- how you get to school
- your school timetable
- the end of the day.

Use drawings, pictures and photos too.

A day in my life

Good morning!



On a school day, my day begins at quarter past seven. I have breakfast with my mum. She leaves the house before me because she starts work at eight. She's a nurse.





AS 09865
Student Bus Pass

VALID FROM 01 SEP

NAME **JACK ELLIS**
SCHOOL **WESTOVER SCHOOL**

Issued subject to conditions – see over

I usually go to school by bus. I catch the number 97 in St. David's Hill. I often walk to the bus stop with Sadie. This is my school bus pass.



This is my school timetable for Monday.

MONDAY	
8.55	Registration
9.10	Maths
10.10	PE
11.10	Break
11.30	Biology
12.30	Lunch
1.20	Registration
1.30	History
2.30	English

Our lessons finish at 3.30.

6 pm	6.0 News (418) (T)	6.0 The Simpsons (758099) (T) (R)	6.0 London Tonight (815) (T)
	6.30 Regional News Programmes (159)	6.20 The Fresh Prince Of Bel-Air (752815) (T) (R)	6.30 News (167) (T)
7 pm	7.0 This Is Your Life Another life story. (8898) (T)	6.45 Buffy The Vampire Slayer Xander bumps into his future-self. (244273) (T)	7.0 Emmerd Debbie heads fr Emily's horror. (4
	PICK 7.30 EastEnders Billy thinks Dan's back. (885) (T) See Today's Picks	7.30 The Good Life Vintage laughs with the Goods. (525) (T) (R)	7.30 First E The property f



I get home at about ten past four. In the evening I do my homework and I watch TV. I sometimes play computer games and I write emails. I often write emails to people in my Wildlife Watch Group, and I look at the World Wildlife website.