

Adventure travel

Vocabulary

A Find the words in the reading with these meanings.

1. independent people who live in the Atlas hillsides (par. 1) Berbers
2. people who travel (par. 1) _____
3. people who entertain guests (par. 1) _____
4. people who visit places (par. 2) _____
5. people who live in Vietnam (par. 2) _____
6. people who ride bicycles (par. 2) _____
7. people who dive (par. 3) _____
8. people who lead tours (par. 3) _____

Fact or opinion

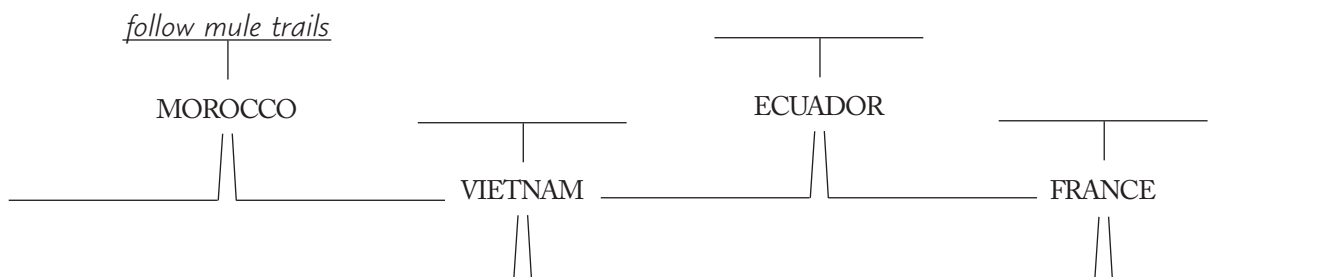
B Check (✓) the correct column.

		Fact	Opinion
1.	The Atlas is the highest mountain range in North Africa.	✓	
2.	They sip green mint tea with the Berbers and watch their traditional dances.		
3.	Bicycles are probably the best way for foreign visitors to meet the people of Vietnam.		
4.	These remote islands are the most unusual dive destinations in the world.		
5.	There are also professional naturalist guides onboard and plenty of opportunities to visit the shore.		
6.	Here in the center of France is one of the greatest collections of architectural wonders in the whole world.		

Details

C Complete the diagrams with activities from the box.

follow mule trails	see fishing villages	visit Berber villages
live on a boat	see vineyards	visit Hanoi
ride in a hot-air balloon	swim with sea lions	visit islands
see castles	travel by bicycle	watch traditional dances



Choosing an ecodestination

Parts of speech

A Circle the correct forms of the words.

1. Ecodestinations feature **local** / **(locally)** owned hotels.
2. Enjoy talking with villagers who are **genuine** / **genuinely** happy to meet you.
3. See points of **cultural** / **culturally** interest.
4. Local residents are **unique** / **uniquely** able to guide you through their towns.
5. Visitors who are **environmental** / **environmentally** aware will not damage the local area.
6. The visitors enjoy a **warm** / **warmly** welcome.

Details

B Check (✓) the correct column.

		Brazil	Western Samoa
1.	Local children act as guides.	✓	
2.	You can see the Atlantic rain forest.		
3.	Villagers weave fishing nets.		
4.	Guests can take part in a ceremonial dance.		
5.	Sea turtles nest on the beach in front of the hotel.		
6.	Guests stay on an island.		

Vocabulary

C Find these words in the reading. Compare the meaning of each pair of words. Write same (S) or different (D).

- D 1. uncrowded (par. 1) / overdeveloped (par. 4)
- ___ 2. scenery (par. 3) / landscape (par. 4)
- ___ 3. coastline (par. 1) / beach (par. 2)
- ___ 4. exotic (par. 3) / natural (par. 1)
- ___ 5. hotel (par. 2) / lodge (par. 3)
- ___ 6. ready (par. 1) / able (par. 1)
- ___ 7. pride (par. 2) / beauty (par. 2)
- ___ 8. tourists (par. 2) / travelers (par. 1)

CHALLENGE

D Check (✓) the sentences that describe ecodestinations.

- ✓ ___ 1. Tours are given by local guides.
- ___ 2. Everyone living there speaks English.
- ___ 3. They are popular and crowded.
- ___ 4. Tourists come for the great shopping opportunities.
- ___ 5. Hotels and restaurants are locally owned.
- ___ 6. The environment is protected.

Jet lag

Audience and purpose

A Circle the correct answers.

- Why does the author begin the article with questions?
 - to interest readers in the topic
 - because he doesn't know some information
 - to get the reader to choose answers
- What is the purpose of the article?
 - to explain jet lag and its causes
 - to explain some cures for jet lag
 - to persuade readers not to travel
- Who is the audience for the article?
 - doctors and nurses
 - people who travel
 - people who work in airports
- What is the purpose of the picture?
 - to show examples of new vocabulary
 - to show the causes of jet lag
 - to show the results of jet lag

Causes and effects

B Mark each sentence cause of jet lag (C) or effect of jet lag (E).

- C 1. The travel time is too fast for people to easily adjust.
2. People's vacations are ruined.
3. People wish for their own beds.
4. People's sense of time is connected to their sense of place.
5. A business meeting is unsuccessful.
6. Humans possess an essentially Stone Age body.

Vocabulary

C Find these words in the reading. Check (✓) the word in each row that doesn't belong.

- | | | | |
|---|-------------------------------------|--|---|
| 1. <input type="checkbox"/> months | <input type="checkbox"/> years | <input checked="" type="checkbox"/> time zones | <input type="checkbox"/> generations |
| 2. <input type="checkbox"/> animals | <input type="checkbox"/> meetings | <input type="checkbox"/> boats | <input type="checkbox"/> airplanes |
| 3. <input type="checkbox"/> jet lag | <input type="checkbox"/> place | <input type="checkbox"/> time | <input type="checkbox"/> well-being |
| 4. <input type="checkbox"/> sunrise | <input type="checkbox"/> bed | <input type="checkbox"/> sunset | <input type="checkbox"/> feet |
| 5. <input type="checkbox"/> consciously | <input type="checkbox"/> physically | <input type="checkbox"/> chemically | <input type="checkbox"/> geographically |
| 6. <input type="checkbox"/> 6:00 A.M. | <input type="checkbox"/> noon | <input type="checkbox"/> midnight | <input type="checkbox"/> day |

CHALLENGE

D Circle all the adverbs ending in *-ly* in the text.