

## Jokes can't always make you laugh

Text organization

**A** Complete the outline with phrases and sentences from the box. (Be careful! There is one extra phrase or sentence.)

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Sense of humor                    | <input type="checkbox"/> You can develop humor over a lifetime.     |
| <input type="checkbox"/> Some people memorize jokes.                  | <input type="checkbox"/> Telling jokes is one way to express humor. |
| <input type="checkbox"/> Humor means seeing the funny side of things. |   |

I. Introduction: Laughter is important.

II. *Sense of humor* \_\_\_\_\_

A. People are not born with it.

B. \_\_\_\_\_

III. Jokes are not everything.

A. \_\_\_\_\_

B. \_\_\_\_\_

Vocabulary

**B** Find these words in the reading. Check (✓) the words that are related to humor.

- 1. funny
- 2. inhibitions
- 3. joke
- 4. laughter
- 5. nonserious
- 6. setback
- 7. smile
- 8. worry

Details

**C** Check (✓) the correct column.

		True	False
1.	Humor can help us emotionally and spiritually.	✓	
2.	Every system in the body responds to laughter.		
3.	You are born with a sense of humor.		
4.	You are born with the ability to laugh and smile.		
5.	Joke telling is the biggest part of humor.		
6.	All people who tell jokes well have a good sense of humor.		

CHALLENGE

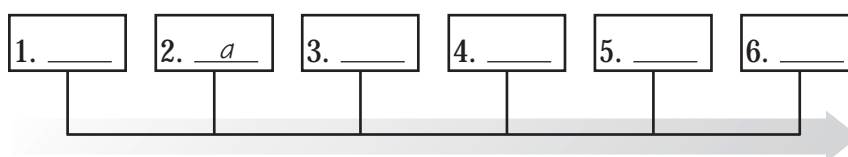
**D** Correct the false statements in Exercise C.

## Envy: Is it hurting or helping you?

Sequencing

**A** Write the letter of each event on the time line.

- Kimberly went to a dinner for her friend.
- Kimberly decided to make some changes in her social life.
- Kimberly left her friend's dinner party.
- Kimberly talked about her feelings in a magazine article.
- Kimberly's friend announced her engagement.
- Kimberly told her friend that 50% of marriages end in divorce.



Inferencing

**B** Who probably said each statement? Write *Kimberly, Lucy, Doreen, or Karen*.

*I think I should have a better job.*      *I wish I were engaged.*      *My friend isn't a better worker than I am.*

1. Lucy      2. \_\_\_\_\_      3. \_\_\_\_\_

*If you envy someone else, make some changes in your life.*      *Feeling envious is not unusual.*      *My friends have better personal lives than I do.*

4. \_\_\_\_\_      5. \_\_\_\_\_      6. \_\_\_\_\_

Vocabulary

**C** Find these words in the reading. Compare the meaning of each pair of words. Write same (S) or different (D).

- S 1. envious (par. 1) / jealous (par. 5)  
 \_\_\_\_\_ 2. engagement (par. 1) / marriage (par. 1)  
 \_\_\_\_\_ 3. insecure (par. 4) / upset (par. 5)  
 \_\_\_\_\_ 4. mean (par. 5) / nasty (par. 6)  
 \_\_\_\_\_ 5. position (par. 5) / promotion (par. 5)  
 \_\_\_\_\_ 6. lonely (par. 4) / guilty (par. 6)

## The value of tears

Details

**A** Are these effects of crying positive or negative? Check (✓) the correct column.

		Positive	Negative
1.	You feel embarrassed.		✓
2.	You feel more relaxed.		
3.	It lowers the risk of heart attacks.		
4.	Tears ruin your make-up.		
5.	It makes other people feel tense.		
6.	You get a runny nose.		
7.	It stops conversations.		
8.	Tears release feelings.		

Inferencing

**B** Check (✓) the statements that Vera Diamond would agree with.

1. It can be useful to practice crying.  
 2. It's healthy to be able to cry at work.  
 3. Crying can make you feel less stressed.  
 4. Crying is more important for children than for adults.  
 5. Crying is enough to solve most problems.  
 6. Therapists should help patients learn to cry.

Parts of speech

**C** Find the correct forms of these words in the reading.

1. *embarrass* v. (par. 1) embarrassed *adj.*    5. *converse* v. (par. 1) \_\_\_\_\_ *n.*  
 2. *infect* v. (par. 1) \_\_\_\_\_ *n.*    6. *situate* v. (par. 6) \_\_\_\_\_ *n.*  
 3. *stress* v. (par. 4) \_\_\_\_\_ *adj.*    7. *logic* n. (par. 6) \_\_\_\_\_ *adj.*  
 4. *permit* v. (par. 5) \_\_\_\_\_ *n.*    8. *able* *adj.* (par. 7) \_\_\_\_\_ *n.*

CHALLENGE

**D** Write the correct word from Exercise C next to its definition.

1. discussion conversation  
 2. allowing something to happen permission  
 3. a disease \_\_\_\_\_  
 4. based on facts \_\_\_\_\_  
 5. the skill to do something \_\_\_\_\_  
 6. not relaxed; very busy \_\_\_\_\_  
 7. feeling bad about something you did \_\_\_\_\_  
 8. general condition \_\_\_\_\_